

## FOOD AND MEDICATION DELIVERY (as of 4/2021)

To always maintain access to groceries and medications consider local delivery options. Personalized delivery options may include friends, family, neighbors, and hired companions. When these sources are not possible, here are a few possibilities to explore. The USC Verdugo Hills Hospital Community Resource Center for Aging (818.949.4033) can discuss the options and assist in narrowing in on solutions best for your situation.

Name of Service/Contact	Operation Details	Cost	How to Sign-up/Notes
<b>GROCERY DELIVERY</b>			
<a href="#">Albertsons</a>	Delivery by the store or Instacart depending on the delivery options.  Pickup	\$30 minimum for both delivery and pickup at the store website.  Delivery fee varies depending on the service.	Order at albertsons.com
<a href="#">Costco</a>	Same-day delivery by Instacart  2-Day delivery by Costco	\$35 minimum, merchandise price includes the fees to Instacart  Free shipping with \$75 or more	Costco member only.  Sign up with Instacart online. Tips recommended.

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<p><a href="#">Ralphs</a> 800.576.4377</p>	<p>Delivery by Instacart  Pickup</p>	<p>\$9.95 to \$11.95 depending on the delivery location. No pickup fee at this time.</p>	<p>Open up/sign in to digital account and shop.</p> <p>SNAP EBT payments are accepted with pickup orders.</p> <p>The final total amount could be different depending on the availability, etc.</p> <p>No prescription delivery/pickup is available at this time. No cash, check, gift card, government benefits accepted for delivery.</p>
<p><a href="#">Smart &amp; Final</a> 800.894.0511</p>	<p>Delivery by Shipt and TForce</p>	<p>\$35 minimum with \$4.99 flat delivery fee</p>	<p>Order at Smartandfinal.com</p>
<p><a href="#">Sprouts Farmer's Market</a> 920 Foothill Blvd., La Canada Flintridge, CA 91011 818.495.1103 2245 Yosemite Dr., Los Angeles, CA 90041 323.423.1128</p>	<p>Delivery and Pickup by Instacart</p>	<p>\$10 minimum for both delivery and pickup</p>	<p>Sign up with Instacart and purchase online.</p>

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<p><a href="#">Target</a>            965 Town Center Dr., La Canada Flintridge, CA 91011 818.949.3422            2626 Colorado Blvd., Los Angeles, CA 90041 323.258.1355            2195 Glendale Galleria, Glendale, CA 91210 818.334.1400</p>	<p>Delivery available by Shipt with fees.</p> <p>Free Pickup/Drive Up on selected items.</p>	<p>Shipt membership: \$99 of unlimited orders of \$35 or more or \$9.99 per order.</p>	<p>Order online or in the Target app.</p> <p>Drive Up service is available only in the Target app.</p>
<p><a href="#">Vons</a>            3233 Foothill Blvd., La Crescenta, CA 91214 818.658.1018            2039 Verdugo Blvd., Montrose, CA 91020 818.249.4595</p>	<p>Delivery by the store or Instacart depending on the delivery options.</p> <p>Pickup</p>	<p>\$30 minimum for both delivery and pickup at the store website.</p> <p>Delivery fee varies depending on the service</p>	<p>Order at vons.com</p>
<p><b>ONLINE DELIVERY SUPPORT</b></p>			

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<p><a href="#">Amazon Fresh</a></p> <p><a href="#">Whole Foods Market</a></p> <p><a href="#">Amazon Pharmacy</a></p>	<p>Grocery (fresh produce, meat, and more) delivery for Amazon Prime members only.</p> <p>Prescription service for Amazon Prime members. Accept most insurance plans.</p>	<p>Free delivery with purchases of \$35 or more.</p> <p>Free 2-day delivery for Prime members.</p>	<p>Purchase online. Amazon Fresh and Whole Foods delivery requires membership in Amazon Prime.</p> <p>Some pre-made/catering foods are available for pickup. Order through <a href="http://www.wholefoodsmarket.com">www.wholefoodsmarket.com</a></p>
<p><a href="#">Doordash</a></p>	<p>On-demand meal delivery. Some convenience store type grocery items are also available.</p>	<p>Fee varies depending on the order.</p>	<p>Sign up online. Smartphone app available.</p>
<p><a href="#">GoGoGourmet</a> 855.754.5328</p>	<p>GoGoGrandparent's new service. Call 855.754.5328 to place your order from local restaurants. Open every day, 4am-10pm.</p> <p>Call 855.222.4919 to place your grocery or over the counter medications. Open every day, 5am-6pm.</p>	<p>Requires paid monthly membership to receive the services. With the Basic plan, \$6.50 per request for meal orders, \$13 per grocery order, and \$0.37/minute for pharmacy orders. Call for more details.</p>	<p>Call 855.754.5328 to get a list or visit their website for the restaurants in your area.</p> <p>Call 855.222.4919 to get a list of grocery stores.</p>

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<a href="#">Instacart</a>	Personal shopping and delivery service. Partners with national and regional retailers.	Varies depending on the store and service.	Sign up is free. Tips recommended.
<a href="#">Postmates</a>	On-demand meal delivery. Some convenience/drug store type grocery items are also available.	Fee varies depending on the order.	Sign up online. Smartphone app available.
<a href="#">Shipt</a>	Personal shopping and delivery service. Partners with national and regional retailers. Partners with national and regional retailers.	Varies depending on the purchase amount.	Monthly (\$14/mo) or annual (\$99/year) membership is required.
<a href="#">Uber Eats</a>	On-demand meal delivery.	Fee varies depending on the order.	Sign up online. Smartphone app available.
<b>PHARMACY DELIVERY</b>			
<a href="#">Ariana Pharmacy</a> 3600 N. Verdugo Rd., Ste 103 Glendale, CA 91208 818.957.9200	Prescription delivery in Glendale. Hours: Mon-Fri/9am-6pm, Sat/10am-1:30pm.	Delivery fees vary.	Fill out the online form or call 818.957.9200 to request delivery.

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<p><a href="#">CVS Pharmacy</a> 2037 Verdugo Blvd. Montrose, CA 91020 818.248.8018</p>	<p>Purchases including qualifying prescriptions delivered. Delivery eligibility differs depending on the insurance and prescription benefit plans. Call for details. Open 24 hours.</p> <p>Call for COVID-19 vaccination eligibility and availability.</p>		<p>Sign up for the CVS app, using it to shop or order prescriptions. Once notified order is ready select the option of 1-2 day delivery or same day with Shipt.</p>
<p><a href="#">986 Pharmacy</a> 1809 Verdugo Blvd. Ste 110 Glendale, CA 91208 818.928.1304</p>	<p>Free prescription delivery in 15 miles radius Hours: Mon-Fri/9am-6pm</p>		<p>Request delivery by calling 818.928.1304.</p>
<p><a href="#">Flintridge Pharmacy</a> 529 Foothill Blvd. La Canada Flintridge CA 91011 818.790.1802</p>	<p>Free prescription delivery made for La Canada residents after store hours.</p> <p>Free medical equipment delivery. COVID testing available. Call to ask for COVID-19 vaccine information and assistance.</p>	<p>\$10 delivery fee for outside La Canada.</p>	<p>Call 818.790.1802 for more detailed info.</p>

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<p><a href="#"><u>The Marsh Village Pharmacy</u></a>                  2143 Foothill Blvd., La Canada Flintridge, CA 91011                  818.248.3643</p>	<p>Free prescription delivery available approximately within 5 miles radius once per month per family. Call for details.</p>		
<p><a href="#"><u>Rite Aid</u></a>                  2647 West Foothill Blvd., La Crescenta, CA 91214                  818.248.1016                  647 Foothill Blvd., La Canada Flintridge, CA 91011                  818.790.5577</p>	<p>Free prescription delivery available. Call for details.</p>		
<p><a href="#"><u>Walgreens Pharmacy</u></a>                  3001 Foothill Blvd. La Crescenta, CA 91214                  818.541.7840</p>	<p>Free prescription delivery available. Call for details.</p>		<p>Place delivery order through Walgreen's phone app or call to place your orders.</p> <p>Deliver to adjacent area, including parts of Pasadena and Glendale.</p> <p>Drive-thru prescription pickup is available. Call for details.</p>

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<p><a href="#">USC Verdugo Hills Professional Pharmacy</a> 1808 Verdugo Blvd., Ste 111 Glendale, CA 91208 818.952.2223</p>	<p>Free prescription delivery available. Call for details.</p>		
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