

## END-OF-LIFE (updated 1/2021)

Resources for end-of-life care address a myriad of issues, including personal preferences for managing care decisions, personal perspectives on type of care, as well as having one's affairs in order beyond one's lifetime. These resources are not endorsed, they are merely a list of resources to explore and utilize at your own discretion. The USC Verdugo Hills Hospital Community Resource Center for Aging can be reached by telephone at 818.949.4033 to discuss options further and assist in narrowing in on solutions for your specific situation.

<b>ADVANCE DIRECTIVES</b>			
<b>Name of Service/Contact</b>	<b>Description</b>	<b>Fees</b>	<b>Notes</b>
<b>California Department of Justice, Attorney General's Office</b>  <a href="#">State of California - Department of Justice - Office of the Attorney General</a>	Repository of end-of-life resources.	None	Website includes the Advance Health Care Directive form: <a href="#">Advanced Health Care Directive Form</a>
<b>California POLST Forms</b>  <a href="https://capolst.org/polst-for-healthcare-providers/forms">https://capolst.org/polst-for-healthcare-providers/forms</a>	Free online version; also available for purchase in pads of 100 <a href="https://capolst.org/wp-content/uploads/2020/10/POLST_2017_wCover.pdf">https://capolst.org/wp-content/uploads/2020/10/POLST_2017_wCover.pdf</a>	None	Also available in other languages
<b>Five Wishes</b>  <a href="#">Your Living Will and Advance Directive</a>	This is an advance care planning tool that is legal in most states including California. Here you name someone to make decisions on your behalf if you are	None	The website provides useful information to assist families and/or individuals with planning for end-of-life care. There is also an online version.

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	unable, as well as describe the comfort care measures you would want.		
<b>END OF LIFE CARE</b>			
<b>Name of Service/Contact</b>	<b>Description</b>	<b>Fees</b>	<b>Notes</b>
<b>Compassionate Companions at Verdugo Hills Hospital</b> USC VHH Patient and Family Services  Call: 818.952.2285	USC VHH patients can request a “compassionate companion” from this specialized volunteer program who can visit and/or sit with those without family or close friends, during an illness and/or end of life.	None	The program philosophy is for no one to be alone in their time of need.
<b>Faith and Hope Hospice and Palliative Care</b>  <a href="https://faithandhopehospice.com">https://faithandhopehospice.com</a>	Faith & Hope Hospice and Palliative Care, based in the city of Pasadena, serves all of LA County and the surrounding areas	Call for more information	
<b>Five Star Home Hospice Services</b>	Hospice services	Call for more information	

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<p><a href="https://www.5starhospice.com">https://www.5starhospice.com</a> Call: (626) 791-1764</p>			
<p><b>Hospice Valley of Los Angeles</b>  <a href="https://hospicevalley.com">https://hospicevalley.com</a></p>	<p>Hospice Valley is the leading hospice service provider for Mandarin or Cantonese speakers in Los Angeles, CA and surrounding areas.</p>	<p>Call for more information</p>	
<p><b>Keiro - Iyashi Care</b>  <a href="https://www.keiro.org/what-we-do/iyashi-care#">https://www.keiro.org/what-we-do/iyashi-care#</a> Call: 213.873.5700</p>	<p>A Keiro-Providence Partnership: Advancing quality of life through our whole person approach, Iyashi Care provides palliative care for Japanese American and Japanese older adults with serious illnesses.</p>	<p>Call for more information.</p>	
<p><b>Kinkaid Private Nursing Care - Palliative Care at Home Los Angeles</b>  <a href="https://kinkaidprivatecare.com">https://kinkaidprivatecare.com</a> Call: (866) 344-9050</p>	<p>Kinkaid Private Nursing Care (KPC) specializes coordinating high quality in home nurses for Elderly, Oncology, Hospice, Postoperative patients, and Home Detox Beverly Hills or Addiction treatment</p>	<p>Call for more information</p>	

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<p><b>Los Robles Health</b></p> <p><a href="https://www.losrobleshealth.com">https://www.losrobleshealth.com</a></p> <p>Call: 805.777.7234</p>	<p>Hospice services</p>	<p>Call for more information</p>	
<p><b>Remita Health</b></p> <p>Call: 818.559.1550</p> <p>24/7 referrals: 818.877.918.</p>	<p>Hospice Services</p>	<p>Call for more information</p>	
<p><b>Questions and Answers about Hospice</b></p> <p><a href="#">QUESTIONS &amp; ANSWERS</a></p>	<p>Narratives and questions to help determine if hospice care in your home is right for you and your family.</p>	<p>None</p>	<p>Uses cultural perspective of the African American experience.</p>
<p><b>VITAS Hospice Care</b></p> <p>Call: 855.409.2079</p>	<p>This national company has local offices to provide several physician-ordered services for patients and their families needing end-of-life care support at home (with a prognosis of 6 or fewer months). Telecare is available 24/7/365 to answer questions</p>	<p>Medicare benefit, plus other insurance and private pay arrangements</p>	<p>While most recipients receive hospice care at home, inpatient care for a hospice patient may also be available when family/caregiver(s) need brief time off for themselves.</p>

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	and dispatch someone to the bedside, if necessary. Medical equipment, medications, and respite care are part of this Medicare-certified program.		Discuss hospice options with your physician, as this program requires you to transition your primary medical care provider to the agency's physician that sits on the hospice healthcare team.
<b>FINAL PLANNING</b>			
<b>Name of Service/Contact</b>	<b>Description</b>	<b>Fees</b>	<b>Notes</b>
National Institute on Aging Getting Your Affairs in Order (June 2018)  <a href="#">Steps for Getting Your Affairs in Order</a>	This document has steps for getting your personal documents in order. Planning before an emergency can make all the difference for those that care about you.	None	To download the PDF go directly to: <a href="#">AgePage: Getting Your Affairs in Order</a>
<b>Funeral Arrangements</b>  <a href="#">How To Choose A Funeral Home</a>	Information on steps to making arrangements and consumer rights.	Vary greatly by arrangement.	Note that USC VHH allows 3-5 days following a death for decisions and

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			arrangements to be made.
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